

Competition Information (Children C, B & A Youths Girls & Boys B)

23rd Hameln Triathlon on 13th May 2012

The following information is intended to help you successfully complete the Hameln Triathlon.

The rules of the DTU can be viewed on request. Please contact the organiser.

1. Registration

You will be allocated a start number for the competition.

Age Group	Age	Year of Birth	Colour of start number
School Children C	8 -9	2003 - 2004	Green
School Children B	10 - 11	2001 – 2002	Yellow
School Children A	12 - 13	1999 – 2000	Red
Youth B	14 - 15	1997 – 1998	Red

Your start number will be marked on the upper arm at the registration or at the pool start.

The self adhesive number must be attached to your cycle.

2. Preperation in the Weserbergland Stadium

The grassed area of the weserbergland stadium is the transition area from Cycle / run. Here you will find an area for your cycle and other kit (cycling and running equipment) marked with your number. You must take the equipment you require for the swim with you to the pool, (flippers and wet suits are not permitted). Depending on the weather you may take a bag with you with clothing to keep warm.

3. Swim

About 15 Mins before your start you must be at the pool start area.

- Here you will receive your coloured swim cap.
- Each lane will have a maximum of 5 swimmers, you must swim on the right. Overtaking must be done without hindering oncoming swimmers.
- After the swim leave the swimming cap at the poolside.
- After the swim the first intermediate time will be taken.
- Your clothing you used for warming up with must be taken back to the cycle/run transition area.

4. Cycle Course

The cycle course is closed to traffic.

The course loop involves dead turns and the loop length is 10 km or 3 km for School children C & B

As stated in the DTU rules drafting (riding behind another competitor, as to gain an advantage) is forbidden. A map of the course is at the registration point. The whole course will be marked by police or organising staff. All junctions and side streets will be closed off.

The area of Tünderschen Bahnhof will be marked with posts and coloured flags, these mean slow down. There will be also hay bales in this area. Spectating in this area is not permitted.

The furthestmost turning points will be marked as follows.

Overtaking 150m before and after the turnround is not allowed. Drafting, however, is allowed within this area.

On entering the cycle course from the stadium caution should be exercised due to competitors starting on their second lap.

Helmets are compulsory for all competitors!

Run

The run course will be marked by arrows. The course starts in the wesenbergland stadium and ends in the ESV stadium.

Electronic Timing

The transponder must be worn on the right wrist, facing uppermost. At the yellow time measurement points the transponder must be held over the timing units and not waved over the top. Own chips may not be used. A chip that is lost will cost €10. Each competitor is responsible for their own registration. The transponder will be collected directly after the finish.

We wish all competitors a successful race!